

FRANKSTON

BASKETBALL

HEAT POLICY

The Frankston & District Basketball Association takes seriously all issues of consideration of health and works within the Basketball Victoria guidelines in regards to the Heat Policy.

All participants are urged to take care even in moderately warm conditions.

This includes:

1. Any participant must take note of any medical advice he or she has received. It is recommended that parents take professional advice if they have particular concerns such as the special medical conditions of their child.
2. Hydration before and during activity is important. Participants should drink water or appropriate sports drinks to hydrate themselves.
3. On days forecasted above 30° C the indoor temperature will be monitored hourly.
4. Sensible rotation of players is important so all players can rest.

Frankston & District Basketball shall acknowledge & adhere to guidelines set out by competition governing bodies that FDBA club teams compete in such as VJBL & SEABL. In the absence of appropriate guidelines for competitions, tournaments and for all other FDBA programs & training sessions the following heat policy will be enforceable;

a) When the court temperature reaches 30° C competition organisers must consider implementing and where the court temperature reaches 35°C, must implement the following timing rules:

If a game is played in halves, the game time must be reduced by 2 minutes per half with 2 team timeouts per half. The clock must stop for each timeout and the referee must call an additional compulsory timeout close to the half way mark in each half. Each team must call a timeout before the compulsory timeout and after the compulsory timeout. In the event the coaches do not call a timeout as required, the referees will intervene and call a timeout and attribute them to the respective teams.

(b) When the court temperature reaches 40°C games must be abandoned. Subject to any specific ruling by a set out for that competition;

- (i) if a game is abandoned before it commences or before or at half time it is counted as a draw;
- (ii) if a game is abandoned after half time, the game score stands as a final result.